CLAIMS

WHAT IS CLAIMED IS:

1. An adjustable cot for supporting a pregnant woman, comprising:

an elongate frame;

leg members attached to the elongate frame to support the frame spaced-apart from a surface; and

a fabric sheet attached to the frame and a central portion of the fabric sheet defining a receiving recess extending in a first direction from a plane defined by the frame, the central portion adjustable in effective surface area and depth, whereby the receivable volume of the central portion is selectively changed to accommodate a protruding abdomen of a pregnant woman lying on the fabric sheet.

2. The adjustable cot as recited in claim 1, wherein the central portion defines at least one tubular passageway therein with opposing openings thereto; and

further comprising an elongate cord extending through the passageway with opposing distal ends extending outwardly of the openings, whereby the ends of the cord, being pulled or relaxed, changes the portion of the cord within the passageway to effect a change in the central portion.

3. The adjustable cot as recited in claim 1, wherein the central portion comprises a plurality of panels attached at an outer edge to the fabric sheet and each panel defining at least one passageway that aligns with the passageway of an adjacent panel; and further comprising:

a cord slidingly received within the passageways in sequence with opposing distal ends of the cord extending outwardly at a gap between two adjacent panels,

whereby the ends of the cord, being pulled or relaxed, changes the portion of the cord within the passageway to effect a change in the central portion.

- 4. The adjustable cot as recited in claim 3, wherein the panels are wedge-shaped sheet members.
- 5. The adjustable cot as recited in claim 1, wherein the sheet is a fabric material.

6. An adjustable cot for supporting a pregnant woman, comprising:

an elongate frame;

a plurality of leg members attached to the elongate frame and movable from a first position against respective portions of the frame to a second position extending outwardly from the frame to support the frame spaced-apart from a surface;

a sheet attached to the frame and having a central portion of the sheet defining a receiving recess extending in a first direction from a plane defined by the frame, the central portion defined by a plurality of panels each attached at a respective first end and defining a plurality of spaced-apart passageways;

a plurality of cords, one of which is received in a respective one of the passageways with opposing distal ends of the cords extending outwardly in a gap between two of the adjacent panels,

whereby the cords, being cinched or relaxed relative to the passageways, adjust the volume of the central portion to accommodate a protruding abdomen of a pregnant woman lying on the fabric sheet.

- 7. The adjustable cot as recited in claim 6, wherein the panels are wedge-shaped sheet members.
- 8. The adjustable cot as recited in claim 6, wherein the sheet is a fabric.

- 9. A method of selectively supporting a pregnant woman lying on a cot, comprising the steps of:
- (a) providing a fabric sheet with a portion that defines a receiving recess extending in a first direction from a plane defined by the frame, the fabric sheet supported by an elongate frame having leg members attached to the frame to support the frame spaced-apart from a surface; and
- (b) adjusting the portion with the receiving recess from a first size to a second size, whereby the receivable volume of the central portion is selectively changed to accommodate a protruding abdomen of a pregnant woman lying on the fabric sheet.
- 10. The method as recited in claim 9, wherein the step (b) adjusting the receiving recess comprises moving drawcords through a channel formed in the receiving recess in order to adjust the surface area and thereby change the volume accommodated by the receiving recess.